Feb. 15–17, 2023, Panama City, Panama





UPCOMING LIVE AND INVEST OVERSEAS CONFERENCES

Live and Invest Overseas Conferences are the best way to consider the best options for your new life overseas. Our live events introduce you not only to our key overseas experts for each country including attorneys, insurance providers, bankers, real estate professionals, tax advisors, residency consultants, and more, but also to expats and friends who've already launched new lives in the world's top havens...and who can tell you, from firsthand experience, of the advantages and the disadvantages, the pluses and the minuses, the distresses and the delights...and why they've never looked back!

Whether you're considering a new life on the shores of Belize, in Portugal's Algarve region, or in Medellín, Colombia, the City of Eternal Spring...or you're looking to diversify your portfolio with an overseas property purchase or to protect your assets by taking them offshore, we promise you this: Our far-flung global experts have the answers, the experience, the judgment, and the real-world advice you need to make every lifestyle, retirement, and investment dream you have come true.

Talk To Our Staff To Learn More!





Live And Invest In Portugal Conference April 12-14, 2023, Carvoeiro, Portugal Register Today To Secure a Seat!

Access Mexico Workshop May 11, 2023, Virtual Pre-Register Today To Secure a Seat!

Access Montenegro Workshop
May 25, 2023, Virtual
Pre-Register Today To Secure a Seat!

Global Property Summit June 14-16, 2023, Cancún, Mexico

Pre-Register Today To Secure a Seat!

Digital Nomad Workshop June 29, 2023, Virtual

Pre-Register Today To Secure a Seat!

Live And Invest In Latin America Conference July 12-14, 2023, Virtual

Register Today To Secure a Seat!

Talk To Our Staff And Register Today!

Feb. 15-17, 2023 Panama City, Panama

Congratulations and Welcome!

Dear Live and Invest in Panama Conference Attendee,

By joining us here in Panama City this week, you've taken a brave and exciting step toward remaking your future.

You've done your part. Now it's our turn.

We're being joined this week by more than 20 friends, experts, expats, colleagues, and professionals from Panama with, among them, many, many dozens of years of experience doing the very things you're now thinking about doing yourself: living and investing in Panama.

Here's my promise to you as we set off together on this week's adventure: We're committed to helping you consider your best options for starting a new life in a new place.

No, more than that. We're committed to helping you find the opportunities that make the most sense for you right now in one of the world's most interesting and advantaged destinations.

Don't let us off the hook. Take advantage of us. Pick our brains. Ask every single one of your questions.

The speakers assembled for the event this week are happy to meet with you. That's why we're here.

Is a new life in Panama right for you?

I don't know. And, right now, probably you don't either.

Over the course of the coming two-and-a-half days, let's find out!

I look forward to it.

Here's to your new life... in Panama!

Kathleen Peddicord

President and Founding Publisher, Live and Invest Overseas

Feb. 15-17, 2023 Panama City, Panama

Welcome!

Dear Live and Invest in Panama Conference Attendee,

Welcome to the Live and Invest in Panama Conference. We appreciate and look forward to this chance to help you consider your best options for retirement, for starting a new life, for investing, and for doing business in Panama. Here is some important information that will help you to get the most out of the time we're spending together this week:

Evaluation Forms

I'd like to ask that you complete the **Evaluation Forms** handed out at the beginning of the conference as we progress through the program. If you wait until the end of the conference to record your feedback, you may forget important comments. Your feedback is very valuable to us and is much appreciated, as it helps us improve our future programs.

You can hand in your completed Evaluation Forms to any Live and Invest Overseas staff member at the end of the conference. Be sure to include your name on your completed form so you can be included in the **prize drawing**—your Evaluation Form is your entry.

Welcome Cocktail Reception

On Wednesday, Feb. 15, you are invited to join us for a Welcome Cocktail Party, sponsored by International Coin Alliance, at the Executive Lounge located on the 28th Floor of the Hotel Las Americas Golden Tower Panama.

This event, open to all attendees and speakers, will be held from **6:00** to **7:30 p.m.**, following the final presentation of the day. This is an excellent opportunity to speak with presenters, exhibitors, and fellow conference attendees.

Cell Phones, Blackberrys, iPhones, Etc.

Please switch off your cell phone, Blackberry, and iPhone during all presentations. You will be able to check messages and return calls during the scheduled breaks. However, again, during the presentations, we ask that you respect your fellow attendees and the speakers by turning off anything that rings or jingles.

Feb. 15-17, 2023 Panama City, Panama

Welcome!

Exhibition Hall

Our **Exhibit Hall**, located in the **Mercurio Room**, will be open throughout the conference. This is a good place to look for any speaker you're interested in talking to one-on-one or with whom you'd like to schedule a private appointment.

Remember, the speakers and staff are at your disposal and happy to spend time with you. Don't be shy. You came with questions. They came to answer them.

Finally, Very Important

You'll find me, along with other **Live and Invest Overseas** staff members, at the **Conference Registration Table** or in the **meeting room** throughout the two-and-a-half days of our event. Please don't hesitate to seek us out if you have questions, requests, or comments.

Here's to new ideas, new opportunities, and new friends.

I'm looking forward to it!

Sincerely,

Alessandra Sandoya

Conference Manager

Live and Invest Overseas

Alessandra Gandoya___



And that's only the start of what we're prepared to do to help you realize your Panama dreams...

Panama is the world's #1 retirement haven...

It's the world's top offshore haven...and an international banking center...

Its pensionado program of special benefits for foreign retirees is the Gold Standard...

And, as a foreign resident, you can pay zero local tax...

Panama is one of the best places in the world right now to start a business... and one of the easiest places to obtain foreign residency...

Plus, outside Panama City, this beautiful country hides the smartest beach, river, and mountain property buys anywhere on the planet today...



Talk To Our Staff Today To Learn More



LET US HELP YOU REALIZE YOUR PANAMA DREAMS...

WITH YOUR PANAMA CIRCLE MEMBERSHIP, YOU'LL RECEIVE:

<u>Benefit#1:</u> Free Attendance for You and a Guest Every Year at Our Annual Live and Invest in Panama Conference.

LifetimeValue:\$15,950

Benefit#2: An Open Invitation to All Panama Circle Members-only Meetings.

LifetimeValue:\$2,000

<u>Benefit#3:</u> 4 Nights Free At One Of Panama's Top Resorts.

LifetimeValue:US\$1,000

<u>Benefit#4:</u> Electronic and Website Access to All Conference Materials.

Lifetime Value: US\$2,000

<u>Benefit #5:</u> Two Hours Of Private Consulting With Our Panama Team of Experts.

LifetimeValue:US\$1,000

<u>Benefit#6:</u> Our Panama Starter Kit...and Every New Edition We Publish Over the Lifetime of Your Membership.

LifetimeValue:US\$970

Benefit #7: Panama in Real Time—Panama Letter.

Lifetime Value: US\$1,180

Benefit #8: Panama: The White Papers.

Lifetime Value: US\$196

Benefit #9: Palanca...That Is, Your Personal

Panama Assistant.

Lifetime Value: US\$10,000

Benefit #10: Access To Our Live and Invest Overseas Group ISA International Health

Insurance Policy.

Lifetime Value: US\$2,500

<u>Benefit #11:</u> 1% Up To US\$3,000. Lifetime Value: 1% Up To US\$3,000



The Panama Circle Membership is \$4,800. You have the option of a payment plan as follows: \$1,800 at the time of registration, then \$250 per month billed each month for each of the 12 months to follow. Or you can pay in full and save \$300.

Talk To Our Staff And Become A Panama Circle Member Today!

Feb. 15-17, 2023 Panama City, Panama

Wednesday, Feb. 15, 2023

Registration and General Sessions — Emcee: Lief Simon

6:00 AM - 10:30 AM

Breakfast (For Hotel Guests)

Mon Restaurant

7:30 AM - 8:30 AM

Conference Registration

Collect Your Name Badge and Welcome Pack

Outside Titanio Room

8:30 AM - 5:45 PM

Exhibition Hall Open

Mercurio Room

8:30 AM - 9:00 AM

Your New Life In Panama!

Lief Simon and Kathleen Peddicord,

Live And Invest Overseas

Titanio Room

9:00 AM - 9:45 AM

What's Going On In Panama

Kathleen Peddicord with Lief Simon,

Gonzalo de la Guardia, Jose Bern, and Roberto Guardia

Titanio Room

9:45 AM - 10:15 AM

From Hawaii To Panama... What Were You Thinking?

Dusty Tubbs, Panama Expat

Titanio Room

10:15 AM - 10:45 AM

Networking Break

Mercurio Room

10:45 AM - 11:30 AM

Panama's Top Residency Visa Options

Roberto Guardia, Guardia & Co.

Titanio Room

11:30 AM - 12:00 PM

Medical Care In Panama

Dr. Gabriel Sucre Levy, Clínica Einstein

Titanio Room

12:00 PM - 12:45 PM

Building A Monthly Income Stream Using Dollars You Would Otherwise Pay Out To Federal And State

Income Taxes

Don Hosmer, Royale Energy, Inc.

- Please remember that this is a limited engagement event. Non-attendees and unauthorized guests will be asked to leave, so please
 wear your name badge to all conference activities.
- Speakers, topics, times, and meeting locations are subject to change.

Feb. 15-17, 2023 Panama City, Panama

Wednesday, Feb. 15, 2023

General Sessions — Emcee: Lief Simon

12:45 PM - 2:15 PM

LUNCH

2:15 PM - 2:45 PM

Azuero Sunset Coast: The Next Big Thing In Panama

Jim Hardesty, Los Islotes

Titanio Room

2:45 PM - 3:15 PM

General Insurance Options In Panama

Gonzalo de la Guardia, ADG Seguros

Titanio Room

3:15 PM - 4:00 PM

The Top 10 Things Everyone Must Know When Buying Property Overseas

Mike Cobb, ECI Development

Titanio Room

4:00 PM - 4:30 PM

Networking Break

Mercurio Room

4:30 PM - 5:00 PM

Panama Roundup—The Best Retirement, Investment,

And Lifestyle Haven

Liz Larroquette, Empresas Bern

Titanio Room

5:00 PM - 5:30 PM

Panama: A Natural Wonderland

Ariella Sapozhnikov, Panama Heavens

Titanio Room

5:30 PM - 5:45 PM

Welcome To The Panama Circle

Dusty Tubbs, Panama Circle Member

Titanio Room

6:00 PM - 7:30 PM

WELCOME COCKTAIL PARTY

Sponsored by



Executive Lounge on the 28th Floor, Hotel Las Americas Golden Tower Panama

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- Speakers, topics, times, and meeting locations are subject to change.

Feb. 15-17, 2023 Panama City, Panama

Thursday, Feb. 16, 2023

General Sessions — Emcee: Lief Simon

6:00 AM - 10:30 AM

Breakfast (For Hotel Guests)

Mon Restaurant

8:30 AM - 5:15 PM

Exhibition Hall Open

Mercurio Room

8:30 AM - 9:00 AM

Panama: The Key To Smart Investing

Philip Schlesinger, The Panama Link

Titanio Room

9:00 AM - 9:30 AM

2 Retire In Panamá?

Greg Kitzmiller, Panama Expat

Titanio Room

9:30 AM - 10:00 AM

Get Involved—Volunteering In Panama

José Lisac, Rotary Club

Titanio Room

10:00 AM - 10:45 AM

The Best-Kept Secret In Alternative Investments

Al Mignone, International Coin Alliance

Titanio Room

10:45 AM - 11:15 AM

Networking Break

BOOK SIGNING

Kathleen Peddicord & Lief Simon

at the Lahardan Books Booth

Mercurio Room

11:15 AM - 11:45 AM

Just Landed! Getting Set Up In Panama

Gabrielle Wells, Live And Invest Overseas

Titanio Room

11:45 AM - 12:15 PM

Learn Spanish And Have Fun!

Alberto Orillac, EPA! Español en Panama

Titanio Room

12:15 PM - 1:00 PM

Investing In Technology For Its Wealth

Creation Potential

Zafar Khan, RPost Communications

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 wear your name badge to all conference activities.
- Speakers, topics, times, and meeting locations are subject to change.

Feb. 15-17, 2023 Panama City, Panama

Thursday, Feb. 16, 2023

General Sessions — Emcee: Lief Simon

1:00 PM - 2:30 PM

LUNCH

2:30 PM - 3:15 PM

Real Estate Transactions In Panama:

Procedures And Costs

Roberto Guardia, Guardia & Co.

Titanio Room

3:15 PM - 3:45 PM

Profit From The Growing Local Middle Class

Mark Cox, Altos de Coquito

Titanio Room

3:45 PM - 4:15 PM

Networking Break

4:15 PM - 4:45 PM

Moving To Paradise... Successfully

John and Becky Gaver, Panama Expats

Titanio Room

Mercurio Room

4:45 PM - 5:15 PM

Protect Your Most Important Asset And Achieve

True Freedom

Betsy Rosenlund, Hardwoods Unlimited

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 wear your name badge to all conference activities.
- Speakers, topics, times, and meeting locations are subject to change.

Feb. 15-17, 2023 Panama City, Panama

Friday, Feb. 17, 2023

General Sessions — Emcee: Lief Simon

6:00 AM - 10:30 AM

Breakfast (For Hotel Guests)

Mon Restaurant

8:30 AM - 12:30 PM

Exhibition Hall Open

Mercurio Room

8:30 AM - 9:00 AM (Virtual)

Complete Guide To Moving Pets Overseas

Kat Kalashian, Live And Invest Overseas

Titanio Room

9:00 AM - 9:30 AM

To Ship Or Not To Ship (And, If You Do, How To Ship)

Lief Simon, Live And Invest Overseas

Titanio Room

9:30 AM - 10:00 AM

What You Must Know When Finding Your Dream Rental

In Panama

Liz Larroquette, Empresas Bern

Titanio Room

10:00 AM - 10:30 AM

Networking Break

Mercurio Room

10:30 AM - 11:00 AM

From An Island To The Isthmus

Shaunette Bailey, Panama Expat

11:00 AM - 12:00 PM

Q&A

Lief Simon with Roberto Guardia, Liz Larroquette, and Gabrielle Wells

Titanio Room

12:00 PM – 12:30 PM

Taking Those Exciting Next Steps

Lief Simon, Live And Invest Overseas

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- Speakers, topics, times, and meeting locations are subject to change.

Live and Invest Overseas Conference Exclusive: VIP Access To Every Event... For Life...



An Exclusive, Limited-Time Offer For Attendees Only...

As a conference attendee, I'd like to extend you an exclusive offer. Right now, and for a limited time only, you can deduct the full cost you paid to register for your conference registration from the cost of this new, lifetime membership.

For instance, if you paid, say, \$995 for your conference registration, you'd receive a discount equal to that off the cost of your All Access Pass membership.

TALK TO OUR STAFF TODAY TO LEARN MORE



One Ticket... All Access... For Life...

Because Going Overseas Is An Adventure That Never Ends...

As an All Access Pass Member you enjoy:

- 1. Free entry to any (and every) conference on the Live and Invest Overseas calendar. (Regular attendees pay \$1,095 and more to attend these events, but you won't be asked to pay a cent.)...
- 2. Free entry for a guest at every conference, too...
- **3. VIP status,** so you'll be invited to participate in private sessions and receptions reserved for elite guests where you'll have access to special opportunities...
- 4. Every Home Conference Kit, so that you'll have access to the complete set of recordings for every conference that you cannot attend in person, so you never miss out. (These packages sell for as much as \$500 on the Live And Invest Overseas online store. Again, you won't pay a thing and will receive every Home Conference Kit for life.)...

The **All Access Pass** is \$5,750. You have the option of a payment plan as follows: **\$2,750** at the time of registration, then \$250 per month billed each month for each of the 12 months to follow. Or you can pay in full and **save \$250**.

All Access Pass All Access Pas

An Exclusive, Limited-Time Offer For Attendees Only...

All Access Pass All Access Pas

As a conference attendee, you can deduct the full amount you paid toward your conference registration from the cost of this new, lifetime membership.

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Build a Monthly Income Stream Using Your 2023 Federal and State Tax Dollars

- Investment is 100% Tax Deductible for 2023 Against All Active Income
- Accomplish a Roth IRA Conversion or a Required Minimum Distribution Without the Tax Liability
- Monthly Income
- Invest Alongside a Public Company that has a Proven Record of Success
- Turnkey Oil and Natural Gas Drilling Investments Available to Accredited Investors
- Direct Working Interest Ownership, No K-1's



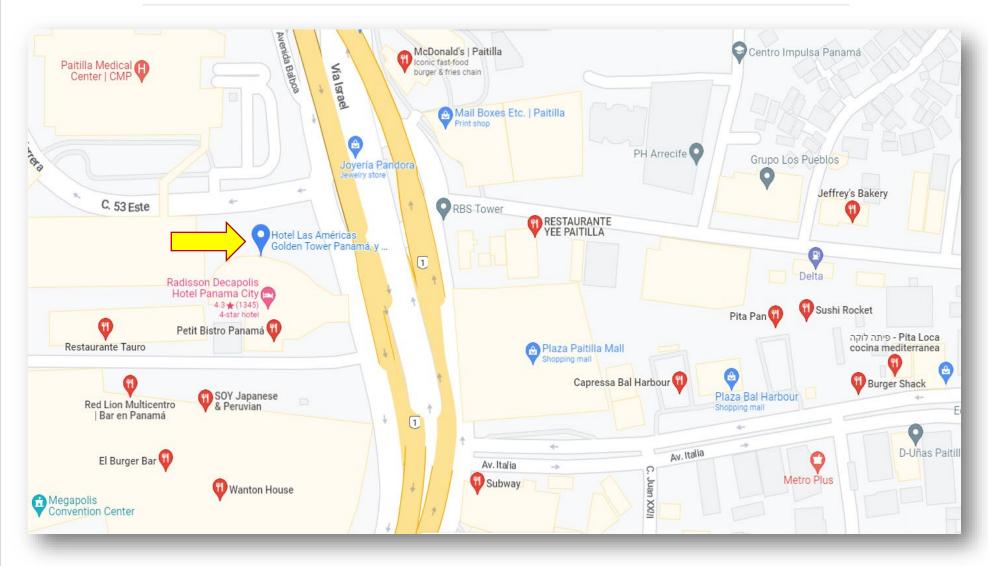
For More Information

Call or Email: **Don Hosmer** at don@royl.com ~ (619) 843-7144

or

Royale Energy, Inc. at ir@royl.com ~ (800) 447-8505

Dining Options In The Area





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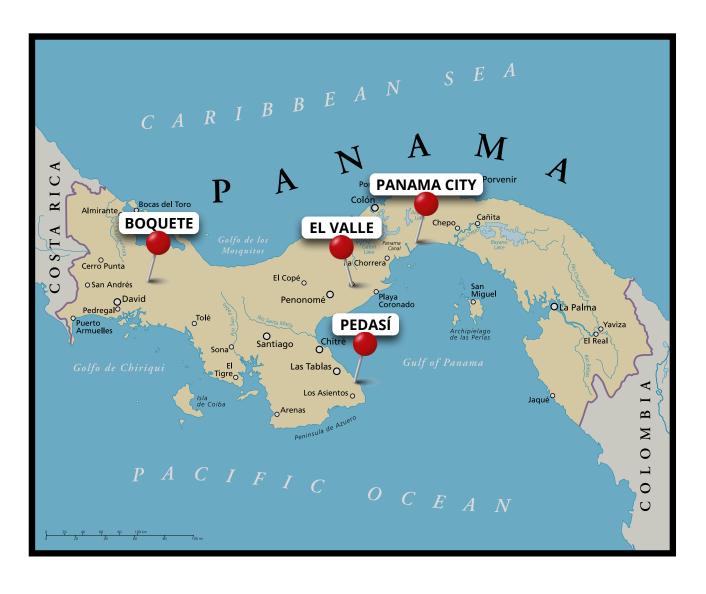


INTERNATIONAL COIN ALLIANCE

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Panama



| | | | PANAMA | | |
|---------------|----------------------------|-------------------------------|---|--|--|
| | Population | | 4 million | | |
| | Language | | Spanish | | |
| | English Spoken | | Somewhat | | |
| COUNTRY FACTS | Currency | | U.S. Dollar | | |
| | GDP Growth | | 3.00% | | |
| | - II | Average Summer Temp | 88°F | | |
| 100 | Climate | Average Winter Temp | 86°F | | |
| | Natural Disasters | | Floods, earthquakes, landslides | | |
| | Government | | Presidential Republic | | |
| | Legal System | | Civil Law | | |
| | Health Care | | Private (necessary, excellent) | | |
| | Expat Community | | Yes (Panama City, Boquete) | | |
| | Residency | Self-sufficiency | Proof of \$1,000 monthly income (pensionado) | | |
| | | Golden Visa | Yes (300k until October '22 - 500k after) | | |
| 5NI | Ease Of Access | Direct Flights | Yes (only to Panama City) | | |
| EXPATING | | Low-Cost Domestic Airlines | Yes | | |
| | | Local Transport | Taxis, Uber, and buses (low-cost, unreliable); metro (only in Panama City) | | |
| | Cost Of Life | Monthly Budget | Less than \$2,500 | | |
| | | Grocery Budget | \$400 | | |
| | | Rent | \$1,500 | | |
| | Income Tax | | Up to 25% (Panama income) | | |
| TAXES | Property Tax | | 0% to 0.9% | | |
| TA | Inheritance Tax/Stamp Duty | | No | | |
| | Corporate Income Tax | | Up to 25% | | |

Insurance Options For The Retiree Abroad

One thing you can't take with you from the United States when you retire overseas is your Medicare coverage... and, in many cases, your U.S. health insurance won't travel with you either.

The good news is that there are options—very good and very affordable options—for the expat looking for medical coverage abroad. In many places around the world, it's possible to receive quality care—sometimes even better than the level of service you're used to at home.

Our Complete Guide To Health Care And Health Insurance Options Overseas is your detailed, comprehensive, and current guide to your best choices right now for health insurance and health care as an expat or retiree abroad.

Spanningtheglobe...fromEcuadortoFrance...fromBelizetoThailand...andfromPanamatoSpain... this new guide is the most complete resource available on this important topic. This is the retire overseas resource you can't afford not to have.

This all-new, updated and expanded report, in fact, is not one new report, but seven important resources you shouldn't be without!

TALK TO OUR STAFF TODAY TO LEARN MORE



By ordering our Complete Guide To Health Care And Health Insurance Options Overseas program, you'll receive:

| Special Offer For |
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The world's most comprehensive program on health care and health insurance for future and current expats overseas, including:

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Top Health Insurance Options For The Retiree Abroad (\$47 value)

The World's Top 20 Overseas Havens For Health Care And Insurance—Health And Medical Care Choices In The World's Top Overseas Retirement Havens (\$49 value)

Complete Guide To Health Care And Health Insurance Options Overseas Kit

INCLUDED

Medical Tourism: From New Hips To Facelifts—Your Guide To The World's Best Prices For Elective And Cosmetic Surgeries (\$28 value)

INCLUDED

Health Insurance After Age 74—Your Best Options Explained (\$14 value)

INCLUDED

Getting To The Root Of Good Dentistry Overseas"(a US\$28 value)

"The Best Havens For Handicap Accessibility" (a US\$17 value)

Audio Workshop: Health Care For The Retiree Abroad Explained (\$14 value)

INCLUDED

"Your Ultimate Insurance Checklist: How To Judge A Health Insurance Policy" (a US\$9 value)

INCLUDED

FREE FAST REPLY BONUS #1 Audio Workshop: "Going Naked"(a US\$14 value)

INCLUDED

FREE FAST REPLY BONUS #2 Reference Chart: "Health Care Price Comparison Index" (a US\$9 value)

FREE FAST REPLY BONUS #3 Special Report: "Measuring Health Around The World" (a US\$27 value)

Shipping & Handling - The Complete Guide To Healthcare And Health Insurance Options Overseas Kit is an electronic publication, delivered straight to your email inbox. There is no shipping and handling fee.

\$0.00

Please note that, because this is an electronic publication, we are able to update regularly and often. Every time we do, for one year from the date of your purchase, we will send you the revised, edited, or expanded edition at no additional charge. When you buy today, you are guaranteeing yourself one full year of up-to-date information, intelligence, and insights on health care and health insurance for future and current expats overseas.

KATHLEEN'S PERSONAL GUARANTEE

This is the best resource you're going to find available anywhere on health care and health insurance options overseas. Right now, you'll have to take my word for it. However, if, after taking a look at our new Complete Guide To Healthcare And Health Insurance Options Overseas, you don't agree... no problem. Like everything we publish, it comes with our no-hassle money-back guarantee. We'll refund your money 100% no questions asked... if that's what you want. We're not worried.



Get started today. Talk to our staff to order your copy of our new Complete Guide To Health Care And Health InsuranceOptions Overseas right now.

The Panama Metro



The Panama Metro is a rapid transit system in Panama City, Panama, which links the north and east sides of the metropolitan area to the city center.

Schedule

The Panama Metro schedule runs from 6:00 a.m. to 10:00 p.m., from Monday to Sunday, regardless of holidays or special celebrations. Trains usually reach the platform every 3-8 minutes, depending on the time of day.

During peak morning hours, from 6:00 a.m. to 9:00 a.m., and during peak evening hours, from 5:00 p.m. to 8:00 p.m., the wait time between trains is just 3-5 minutes. Trains arrive about every 5-8 minutes during the rest of the day.

Fares

The Panama Metro does not include monthly payment plans to which riders can subscribe. However, there is an established standard fare per trip, which riders must cancel through the use of a reloadable card, called the Tarjeta Metro.

These cards can be obtained from automated machines that are found throughout the system stations, The cost is \$US 2.00 and they may also be used on the city's urban bus routes.

Each metro trip is \$US 0.35, discounted with the Tarjeta Metro. Authorized service personnel advises riders to store a weekly balance of \$US 5.00 on their card. This will facilitate movement throughout the stations, although each charge will just be for the specific amount needed.

The subway cannot be used without a metro card, so it is extremely important to pick one up.

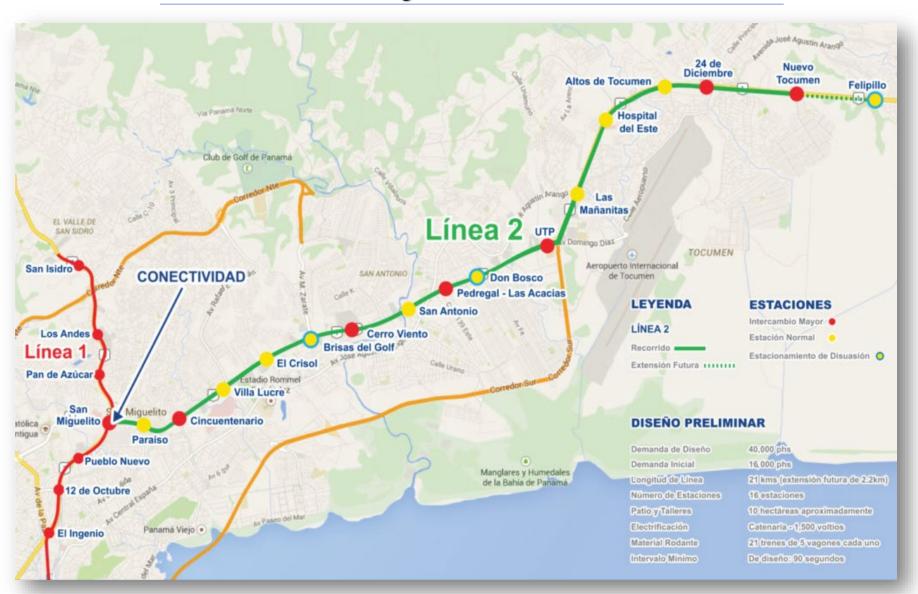
Regulations

- While waiting for the train to arrive, one should be sure to remain behind the yellow line, to avoid any possible accidents.
- Allow passengers to get off the train before boarding. This expedites the process.
- Keep to the right when traveling throughout the system. This will create more organized mobility throughout the stations.
- Smoking is prohibited in Panama Metro stations and facilities.
- Riders who are under the influence of alcohol or drugs are not permitted in the system.
- Insulting, harassing, or putting other riders' lives at risk is prohibited.
- Any attempt to sabotage or damage the system facilities will be subdued.
- Eating is not permitted on trains or in stations.
- Small children must be accompanied by a responsible individual.
- Sitting on stairs or leaning on walls is not permitted.
- Under no circumstances is being on or attempting to cross the railway tracks permitted.
- Accessing areas that are specially designated for service personnel is prohibited.
- Pets are not permitted on the Panama Metro.
- Running is not permitted in stations or in trains.
- When playing music on portable devices, headphones must be used. This will avoid interference with the messages that are transmitted by train operators.
- Baby strollers must be closed when entering the train cars.
- Only turnstiles with green lights should be used.
- Dirtying system facilities should be avoided. Officials will fine individuals for this.

Line 1: San Isidro – Albrook



Line 2: San Miguelito – Nuevo Tocumen



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Feb. 15-17, 2023

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