

DR. GABRIEL E. SUCRE, CLINICA EINSTEIN

MEDICAL CARE IN PANAMA



HEALTH SYSTEM IN PANAMA

- Public Sector
 - MinSa (Ministerio de Salud-Health Ministry)
 - CSS (Caja del Seguro Social-Social Security)
- Private Sector

MINSA

MINSA is the regulatory body and Rector of the National Health System, which also includes private medical services and paramedics.

The services covered by this system include, among others:

- a) Outpatient Facilities: for primary care (or first level of technical sophistication for problem solving) and generally bear the responsibility of health promotion, monitoring environmental work and vaccinations in the 97 districts in the country.
- b) Hospitals for mixed attention of first and second level of technical complexity and problem solving.
- c) Hospitals of third level of technical complexity, and a Central Health Reference Laboratory.



C.S.S.

This Social Security Fund was created in March 21, 1941, based on constitutional provisions and by Act No. 23 of that year. This institution provides health-care assistance in case of illness, disease, occupational accidents and Maternity, and also provides economic benefits through the Program of Disability, Retirement and Death.

Therefore, the Public Health System of Panama is a mixed system with a tendency to progressive incorporation into a fully integrated one, through a gradual coordination, towards the integration of all care benefits and promotion of human and environmental health care, health surveillance and others.



HEALTH RISKS IN PANAMA

<https://wwwnc.cdc.gov/travel/destinations/traveler/none/panama>

VACCINES

- Routine: chickenpox, DTaP (Tdap), Flu, MMR, Polio, Shingles.
- COVID-19
- Hepatitis A, B
- Rabies*
- Typhoid
- Yellow Fever

HEALTH RISKS

- Mosquito/insect bites
 - Dengue, Zika, Chikungunya
 - Yellow Fever
 - Malaria



NON-VACC PREVENT. DISEASES

- Leptospirosis
- Bug bites:
 - Chagas
 - Leishmaniasis

AIRBORNE & DROPLET

- Hantavirus
- Tuberculosis

HEALTH RISKS

- Food and Water:
 - Tap water in Panama is considered safe.
 - Wash fruits and vegetables
 - ~~Avoid street food and “fondas”~~
 - Bushmeat/wild game

HEALTH RISKS

- Outdoor safety:
 - Changing weather conditions
 - Heat/Sun
 - Water safety

STAYING HEALTHY IN PANAMA



STAYING HEALTHY IN PANAMA

- No different than staying healthy anywhere else:
 - A: void alcohol
 - B: be physically active
 - C: cut down on salt and sugar
 - D: don't use tobacco products
 - E: eat plenty of vegetables and fruits



*Your health in good hands.
We have over 45 years of experience providing the best service to the national and international community.*

HISTORY



Clinica Einstein became a legal entity in 1971, with a community service vision; it opened to the public in June 1972 in the Americana building, at the corner of Via Argentina and Eric del Valle street (diagonal to Albert Einstein Memorial Statue).

With a core of six physicians, more than 60 call-up specialists, two dental clinics, x-rays services, a pharmacy, a laboratory and a physiotherapy department, was founded in 1971 by **DR. RIMSKY SUCRE B., MD**, still its medical director, whereas his wife, **LICDA. FULVIA VILLARREAL DE SUCRE, B.S.**, takes care of the administrative matters, dual management which gives this outpatient clinic a friendly family atmosphere.

Clinica Einstein has worked since 1973 with much prestige and presence in the medical care field and related services to shipping companies and operators transiting the Panama Canal and Panamanian waters, understanding the conditions, reasons, needs and haste in providing medical care to both, the crew and passengers on board ships.

SERVICES

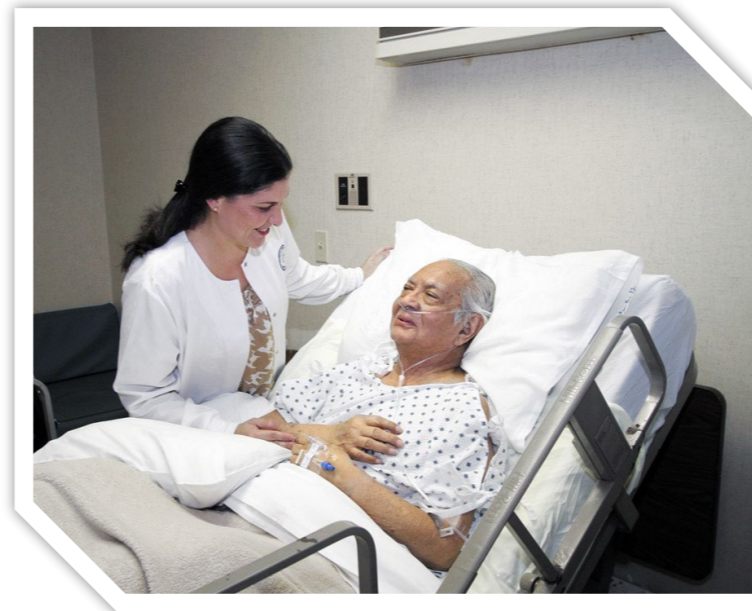
We provide all medical services, such as General Medicine, various medical Specialties, Maritime Medicine, Aviation Medicine, dentistry, pharmacist, digitalized x-rays and ultrasound, clinical laboratory and physiotherapy. Also Case Management and



OUR SERVICES

Clinical Cases Management

We provide clinical cases management, optimizing diagnostic and therapeutic orientation; we also centralize hospitalization services, for example, in the case of crew members from ships or cruise line and airline passengers in any of the major local hospitals, therefore we perform one consolidated billing, assuring that the charges offered are justified and in complete order.



OUR SERVICES

Corporative Medicine

Since 1973, Clinica Einstein provides pre-employment medical evaluations for several companies. We also coordinate periodic medical examination for international agencies employees, including cruise lines, embassies and consulates accredited by the Panamanian government; we also serve foreign and local companies like hotels, shipping agencies, banks, pharmaceutical agencies, insurance companies, and airlines. We do physical exams for seafarers from ships of several flag states.



OUR SERVICES

Aviation Medicine

Civil aviators, i.e. pilots, stewardesses and/or flight attendants, also air traffic controllers and crew members, of commercial or private Airlines, from helicopters or fixed wing aircrafts, require medical certification to request or renew their aeronautical license. The aviation medicine includes aeromedical certification of pilots and crew members, as well as the evaluation and medical escort of some patients that travel on this type of craft.

Here at Clinica Einstein, for several decades we have performed this evaluations and certifications for different national and international airlines.



OUR SERVICES

Maritime Medicine

Clinica Einstein has worked since 1973 with much prestige and presence in the medical care field and related services to shipping companies and operators transiting the Panama Canal and Panamanian waters, understanding the conditions, reasons, needs and haste in providing medical care to both, the crew and passengers on board ships. We have participated in the International Maritime Health Association (IMHA) since its inception (1997) as a result of our strong commitment in promoting scientific academic progress in relation to maritime medicine and anything that might mean beneficial to health and safety of seafarers.

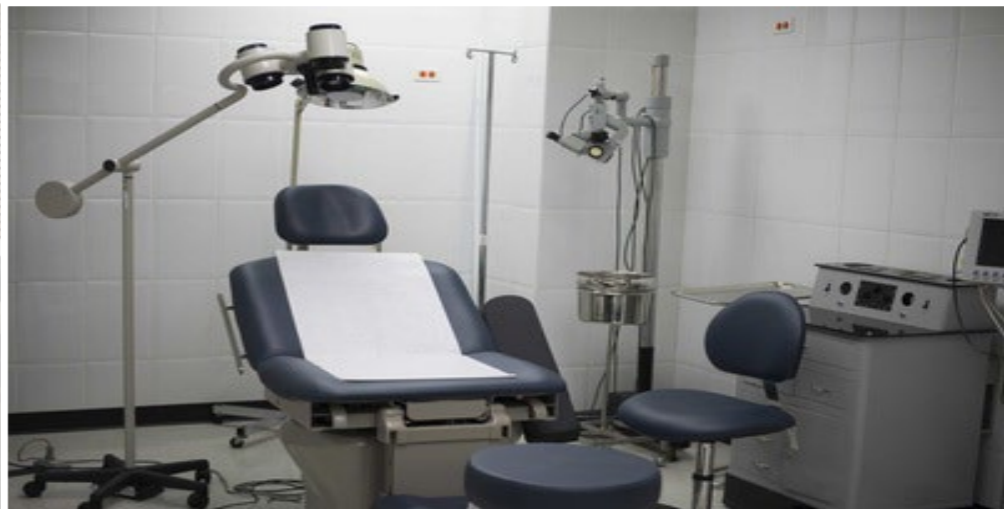
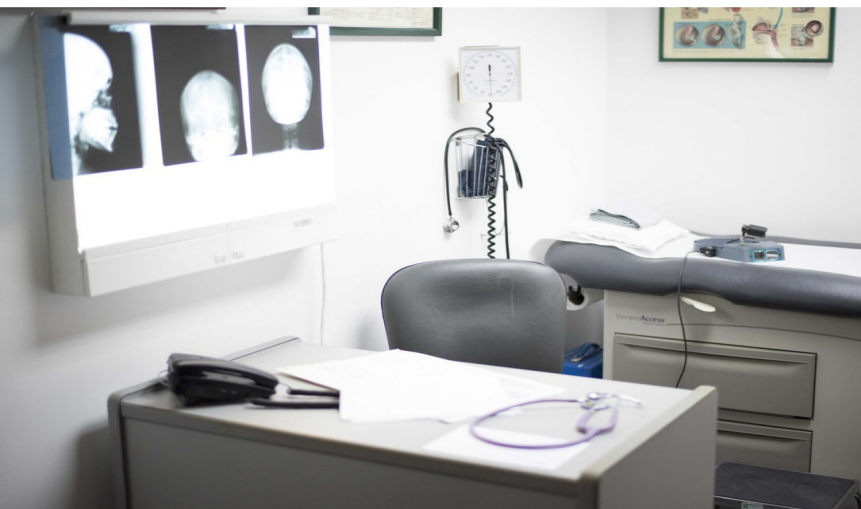
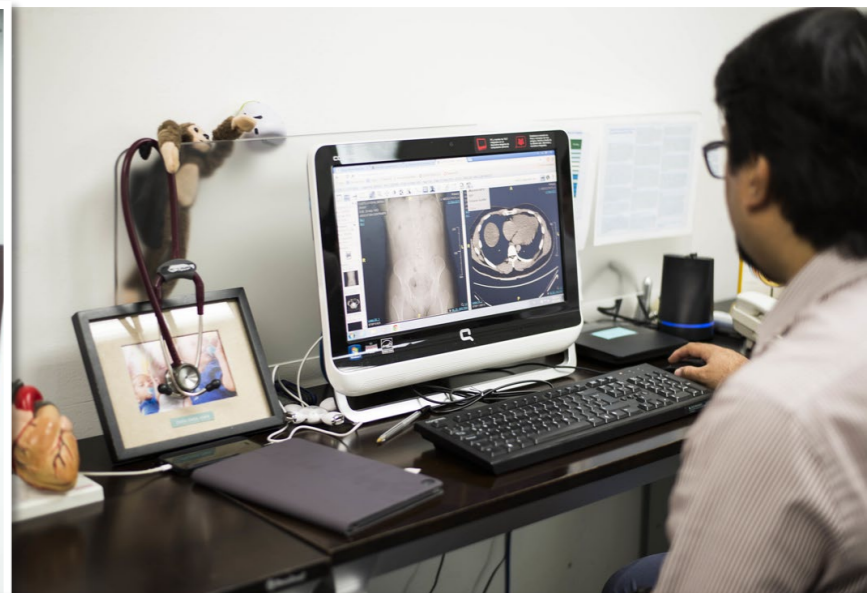
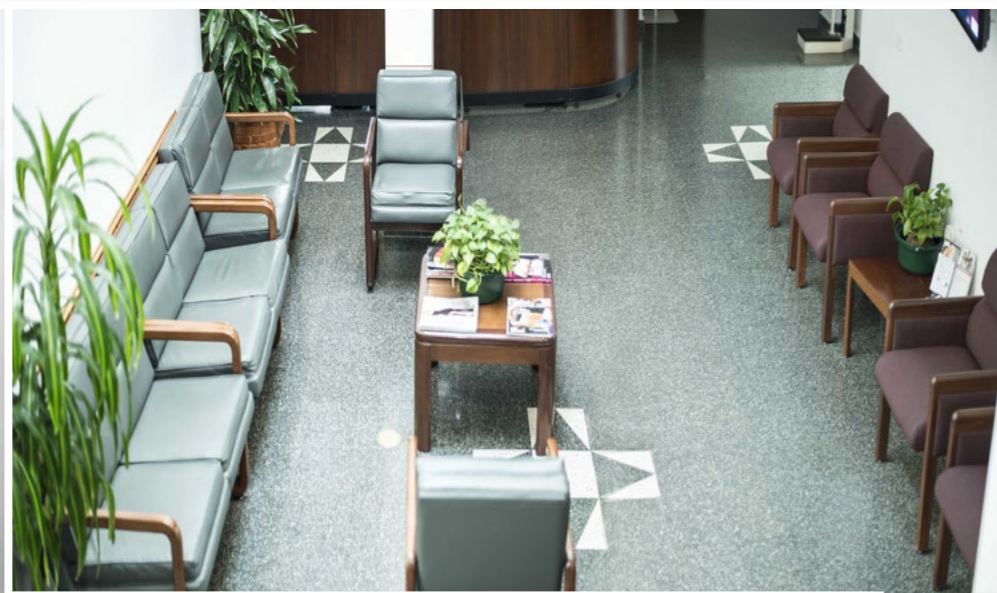


OUR SERVICES

Medical Expertise

We have experience in providing medical expertise for supporting evidence in court, regarding different types of cases like paternity studies, including DNA, temporary and permanent impairment, and tests for drug abuse.





OUR FACILITIES

Thinking about the comfort of our patients and visitors Clinica Einstein has large offices to meet their needs in an atmosphere of tranquility.

OUR LOCATION



Address

Via Argentina, El Cangrejo. Einstein Building, No. 57
Ciudad de Panamá,
Republic of Panamá

Office Hours

Monday thru Friday: ~~7:00 a.m. a 7:00 p.m.~~

~~Saturday: 7:00 a 1:00 p.m.~~

Monday thru Friday: 8:30am-4:00pm

Tel. (507) 264-7110 / Fax. (507) 264-7221

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